



ADRA

Mingalabga

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19 | NOV20

Seng Pri's Story

Medical Student turned IDP Still Believes in the Value of Education

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COVER PHOTO

This month's cover photo is of Seng Pri from SCAIDP project. Photo: © 2019 ADRA Myanmar | Pyae Phyo Lin

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PUBLISHER
ADRA Myanmar

*'Mingalaba' is the official newsletter of ADRA Myanmar re-launched in March 2020. Photos and content are the property of ADRA Myanmar.



Seng Pri's Story: Former Medical Student turned IDP still Believes in the Value of Education

When I was 17 I was studying medicine at a training school in Li Zar City. A few months later, conflict started with planes striking down from the air. We ran for safety and went into hiding, but soon relocated to ShweZet IDP camp.

After a while, my mother was unhappy and moved back to the village leaving my brother, sister and I in the camp. I worry about my mother. When I see a plane, I get scared and cry.

After a few years, I met my husband and we married. Now I am 25 years old living here for 5 years with 2 children. Over 500 people live here in 99 households. Before the conflict, my education was good, but now our life is difficult. I volunteer as a child case worker and my husband runs a barbershop, but it is not enough to make ends meet.

Soon we heard of the SCAIDP project providing cash assistance and WASH. The WASH activities are good and I have gained a lot of knowledge. I am always actively involved.

My children are frequently ill, and it is difficult to go to the hospital or clinic. Since the project supported us, we can

now buy medicine and other necessary items like oil, rice and clothes. In year one I received 100,000 MMK. Last year we received 50,000 MMK and 10,000 MMK each month for maternity, and this year 55,000 MMK. This support reduces our difficulties.

Education is very important to our family. I want my children to be educated. My mother also knows education is very important. She used to sell oranges and cows to pay for our education. She has always been a good mother to us. Now, if we live in the IDP camp, sometimes we can get support. My brother and sister have both passed their matriculation exam and my daughter attends KG in the camp, so this is good for our family. Thank you to ADRA and the donor.



Education is very important to our family. I want my children to be educated. My mother also knows education is very important.

EMMA MCCROW & PYAE PHYO LIN
Communications Officer & Assistant, ADMIN



REFLECTIONS



The Power of Tongue

The tongue is one of the human bodies most important organs. "The tongue is a muscular organ in the mouth with its major function enabling speech in humans." With our tongue, we can communicate by using kind words or unkind words to others.

James 3:6 "And the tongue is a fire, a world of iniquity."

Proverbs 16:27 "An ungodly man digs up evil, and it is on his lips like a burning fire."

Proverbs 15:1-2 "A soft answer turns away wrath, but a harsh word stirs up anger. The tongue of the wise uses knowledge rightly, but the mouth of fools pours forth foolishness."

Proverbs 12:18 "There is one who speaks like the piercings of the sword, but the tongue of the wise promotes health."

Silence can be Golden: If impatient words are spoken, never reply in the same spirit. Remember that a soft answer turns away wrath. There is wonderful power in silence. Words spoken in reply to one who is angry serves only to exacerbate. But anger met with silence, in a tender forbearing spirit, quickly dies away.

Harsh Words: Death and life are in the power of the tongue. We must ask forgiveness if we have said wrong. In our conversations, we need to be careful, especially in the workplace. Try to communicate kind words to each other and show understanding. He whom God accounts a citizen of Zion is he that "speaketh the truth in his heart."

SAW PERRY SEIN | Associate Finance Director, ADRA Myanmar

IN THE MEDIA



www.adramyanmar.org



ADRA Myanmar

Published 2 November at 17:10

READ: Like many vulnerable families in Chin State, Daw Daw Uh's primary source of income was lost with the onset of COVID19 and restrictions imposed. Read how the AustralianAID and ADRA Australia funded PRICE project reallocated funds to respond to COVID-19 through an emergency distribution by clicking on the link below.

Read the full article [HERE](#)



ADRA Myanmar

Published 23 November at 19:28

U Yaw Han has been through the unimaginable after losing his home, livelihood and family. Due to conflict in his home village, U Yaw Han suffered injuries from a shell bomb blast that left he and his son disabled becoming IDPs.

But there is hope! Through the Global Affairs Canada and ADRA Canada funded SCAIDP project, ADRA Myanmar, in partnership with KBC, has been supporting IDPs in Kachin State through cash assistance and WASH.

Watch the video [HERE](#)



MEET OUR STAFF



U SAW MOE WAI

Security Guard | BRIGHT

Q1 What Race/Country are you from?

Kayin, Myanmar

Q5 What Place/Country would you like to visit?

Green Mountainous Areas

Q2 What is your favourite food/s to eat?

Boiled fish paste, Kayin Traditional food, Vegetable Soup

Q6 In one word, what would define you?

Eager to help people

Q3 What is your favourite colour?

Pale Yellow

Q7 What year did you join ADRA?

September 2015

Q4 What do you like to do for fun?

Playing Soccer, Caneball (Chinlon)

Q8 What do you love most about working in ADRA?

It is like a family



PROJECT UPDATES



AEON5

The AEON 1% Club Foundation and ADRA Japan funded AEON5 project got TA (travel authorization) approval from the local government to commence project activities including:

1. Conducting Education Awareness Workshops in 5 target villages from 17-23 November.
2. SMC (School Management Committee) meetings for in 5 target villages from 17-23 November.
3. Project Engineer, U Khin Maung Thet conducted monitoring for site location and conditions for new school building construction. Selection of construction company is ongoing.

The 5 target villages include; Pa Yar, Pa Yar Kone Kaws Ka Dar, Htee Hta Blute Hta, Kawt Hpa Doh and Mu War villages. A TA request has been submitted to continue project activities in December for SMC meetings, PRA Workshops and field monitoring.

SURE

The MFAT and ADRA New Zealand funded SURE project continues to provide FFS (Farmer Field School) Training. This month the training was provided to 84 farmers (52 male, 32 female) from 8 project villages in cultivating paddy and maize, utilizing Azolla, and learning good agricultural practices.

On 11 November, a Farmer Field Day Exhibition was held at Sempu village. 39 farmers participated and learned about the increase in paddy yields by cultivating Azolla and GAP systems.

ADRA Myanmar staff presented the effectiveness of Azolla and GAP systems and demonstrations on rice harvesting were conducted in the role model fields.

This cultivation process has shown a yield rate of 89.84 packets compared to the 70.31 packets when using traditional systems, and therefore will be implemented next year.



PROJECT UPDATES



SEAQE2

The Norad and ADRA Norway funded SEAQE2 project provided technical support to conduct 2 '21st Century Skills' online trainings.

1. 55 MTTs 'Mobile Teacher Trainers' (supported under the European Union funded CASE2Learn project) from Thay Bay Hta KECD and Hoe Lay KTWG training centres, participated in 2x 3hour sessions learning the 4C's; Collaboration, Communication, Creative Thinking and Critical Thinking, and classroom essentials such as lesson planning. Training was conducted by Thae Oo Khaing, KTWG M&E Assistant Coordinator.

2. 104 teachers from Community and Government schools, participated from the 3-5 November (2x 3hour sessions per day) learning; LMS (Learning Management System) website and application, 3C's; Cease, Continue and Commence, and differences between teacher-centered vs child-centered classrooms from 20th to 21st century approaches.



ELS2

The Ministry of Foreign Affairs of the Czech Republic and ADRA Czech Republic funded ELS2 project, distributed cash assistance for education support.

589 beneficiary students from 18 IDP (Internally Displaced Person) camps have been targeted to receive cash support for education in Myitkyina and Waing Maw Townships in Kachin State.

In October, 296 students received cash support and 163 in November. The remaining 130 students will receive the cash support in December.

A 110 foot long suspension bridge completed construction in Yaungnet village, Magway Region. The bridge services 452 beneficiaries from 104 households to increase access over 2 large streams, particularly during monsoon season when flooding occurs, and residents previously were unable to pass through.





Meet Our Baby Girl!

Interview with ADRA Myanmar's Program Director, John, on the Arrival of Daughter Inami

What is her name?

We named her Inami Ayana Mubonderi.

Does her name have a special meaning?

Inami is an African name and in English it means "God is always with me". We are a Christian family, and the name came as an acknowledgement of God's blessings and protection. Having worked in hostile environments like Afghanistan, Syria and Somalia, I have a deep understanding of God's protection, and named my daughter accordingly. I remember missing the blast of an improvised explosive device during a monitoring visit in Mogadishu, Somalia. As she grows, I hope the name will remind her of Christian values and that God is always there for us. Her mother named her, Ayana which means "beautiful flower."

How does your eldest daughter feel having a new sister?

She started getting jealous when her mother was pregnant, due to a realisation that attention has shifted from her and became worse once her baby sister arrived. I am concentrating on giving her attention while mother gives much-needed attention to our little one. This has managed to balance her feelings and find joy with a new sister.

Has there been any challenges having a baby during this COVID-19 pandemic?

Our ability to make choices were limited in a number of ways. Our preferred health facility in Yangon for pre-natal services was closed due to medical staff infected with COVID-19. Health facilities gained risk day by day as the pandemic increased in Myanmar. We eventually settled for another health facility, but with in-frequent hospital visits to minimise risk. We sailed through the pre and post-natal processes safely. Much appreciation to Ar Yu hospital for adhering to COVID-19 national prevention and control guidelines. We are still making regular visits to hospital for post-natal care services and I hope we remain safe during the ongoing second pandemic.

Being away from your home in Zimbabwe, how have you coped with pregnancy and raising children in Myanmar?

I want to appreciate the support I have received from ADRA

staff. They have shown concern, calling and sending messages to check on our well-being, support in accessing required documentation and information about health services. It made us more comfortable and able to make good informed decisions. With our eldest daughter growing requiring different needs, I want to appreciate ADCOM for their flexibility to ensure a conducive environment for our family. I found the pre/post-natal services offered in private hospitals to be well equipped, however I understand these services are only available to a limited few. Our baby was admitted 4 days at Yangon Children's Hospital in the intensive care unit due to asphyxia and other related medical conditions. A special appreciation to the staff who saved my daughter from this. I have realised the need for ADRA to continue supporting maternal health in Myanmar, as this can potentially save neonates and mothers, particularly in remote, conflict affected areas where health services and a trained workforce are limited. I can imagine if I was in this situation, I could have potentially lost my baby and wife. Neonatal mortality rates remain high in Myanmar and I will do my best to push forward ADRA programming in the health sector.

How has working from home, due to COVID-19 and restrictions, impacted your family?

Being at home, while required to focus attention on work, was never an easy set-up for the family. Though physically present, being active and attending Zoom meetings (which can be loud) has been difficult in balancing work demands and home life. However, this has also enabled my family to appreciate the challenges we face as leaders and the importance of family support.

Looking to the future, what hopes do you have for your two daughters?

I wish them to grow like how Jesus grew, in Wisdom, Stature, and Favor with God and Man (Luke 2:52) The world is getting more circular, and I hope they will have the wisdom to differentiate good and bad, ability to relate well with others and above all in fearing God. I will do my best as a parent to support them towards that!

PHOTO COMPETITION



THIS MONTHS WINNING PHOTO

PHOTOGRAPHER:

Ko Ko Han
Driver/Logistic Assistant
VESI

ABOUT THE PHOTO:

A student undertaking a Motorbike Repair short course at GTHS (Government Technical Highschool) Lashio under the LIFT funded VESI project in partnership with AVSI and FRC in Shan State.

VACANCIES & TENDERS

*Visit adramyanmar.org/jobs/ to learn more about the below positions and how to apply. Applications submitted through Facebook will not be accepted.

There are no positions or tenders available this month

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