



ADRA

# Mingalabga

မင်္ဂလာပါ

I32 | November 22



*Nang Shwe's Story*

Improving Teacher Training

## Contents

2 FEATURED ARTICLE  
COVER PHOTO  
EDITORIAL

3 REFLECTIONS  
IN THE MEDIA  
MEET OUR STAFF

4 PROJECT UPDATES

8 PHOTO OF THE MONTH  
VACANCIES/TENDERS  
CONTACT US



### COVER PHOTO

This month's cover photo is of Nang Shwe Kyar's from the CASE2Learn project.

Photo: © 2022 ADRA Myanmar | CASE2Learn Project

## Editorial

### EDITOR/TRANSLATOR

Pyae Phyo Lin

### SUPERVISING EDITOR

Vitalie Zegera

### CONTRIBUTORS

Nan Khin Khin Tun, Khin Yu Mon, Naw Mu Mu Saw, Nang Nom Hsaing, Kap Khan Mung, Moe July Aung, May Thagyan Soe, David Cung Lan Thang, Aung Cho Min, Saw Dawait.

### PUBLISHER

ADRA Myanmar

\*'Mingalaba' is the official newsletter of ADRA Myanmar re-launched in March 2020. Photos and content are the property of ADRA Myanmar.



## FEATURED ARTICLE



### Nang Shwe's Story: Improving Teacher Training

A teacher, Ma Nan Shwe is from Tangyan Township, Shan State. She is 18 years old, and she has four family members. Her parents are working on a farm and a small business for their income. She has 3 years of teaching experience in the school.

"I also faced many challenges when I started grade 5 in middle school. There were many children who stopped their education after the primary level. However, I was able to continue my education with the help of my aunt". She said.

In 2022, she joined a 14 days summer vocational teacher training supported by the CASE2Learn project. The training gives her more knowledge and information for her career and a better understanding of education.

"I learned and was able to share about the knowledge and attitude of a good teacher, creating opportunities for children's education, and how to engage the community in children's education."

She is one of the teachers from (SVT) teachers trained in the CASE2Learn project funded by the European Union in partnership with ADRA Germany, ADRA UK, and RISE, reaching remote ethnic communities to increase access to education services.

Summer Vacation Training is usually organized from March to May across the

RISE's network. The training aims to upgrade existing community and national school teachers (or new teachers who will begin service in the following year) in student-centred pedagogical approaches and subject knowledge and to enable the sharing of experiences, knowledge, and motivation amongst local teachers.

She learned some subjects related to teacher roles and responsibilities, multi-grade teaching methods, general teaching methods, school-based peer learning, creating teaching and learning materials, questioning skills, and learning styles from the SVT training.

"I am glad to have a chance to participate in this training. I have not only learned a lot of teaching methods but can also share knowledge and build relationships with other participants. I feel energetic and motivated by joining this training."

**"Education is very important for the development of the nation and the people. I will use these skills and knowledge from this training to support children's education and community development"**



# REFLECTIONS



## Compassion

Compassion is a deep feeling of caring and concern for others. It is the ability to understand and share the feelings of others, and to respond with kindness and support. Compassion helps us to see beyond our own self-interest, and to recognize the suffering of others. It motivates us to take action to help others, and to create a more compassionate world.

Compassion is an important quality to cultivate in ourselves and in society. It helps us to connect with others on a deeper level, and to create a sense of belonging and unity. It also helps us to find meaning and purpose in life, and to feel fulfilled and content.

Compassion is not just a feeling, it is also a way of being and acting. It requires us to be present and attentive to others, and to offer our support and assistance in a sincere and authentic way. It also requires us to be open and receptive to others, and to listen to their needs and concerns with an open mind and heart.

compassion is the act of caring for and supporting others, and it is an essential quality for creating a more loving and compassionate world.

By cultivating a sense of self-awareness and self-acceptance, we can learn to be kind and understanding towards ourselves, and extend that kindness to others.

So let's build our hearts with love and compassion.

## MEET OUR STAFF



### FRANCIS

Advocacy Officer

- Q1 What Race/Country are you from?**  
Myanmar
- Q2 What is your favourite food/s to eat?**  
Chillie
- Q3 What is your favourite colour?**  
Gray
- Q4 What do you like to do for fun?**  
Sightseeing
- Q5 What Place/Country would you like to visit?**  
Victoria falls /Gambia
- Q6 In one word, what would define you?**  
Understanding
- Q7 What year did you join ADRA?**  
October 2019
- Q8 What do you love most about working in ADRA?**  
Morning devotion



## PROJECT UPDATES



## VESI

This month, the LIFT-funded VESI project in partnership with AVSI and FRC, completed the following activities:

- Distribution protective items to 158 students who are from vocational short course training batch 10 in Lashio, Northern Shan State.
- Monitoring on Vocational Education Training activities on their training.
- A closing ceremony for Batch 10 was held in Lashio and attended by local private trainers/business owners.

## CASE2Learn

The European Union funded CASE2Learn project in partnership with RISE, ADRA UK and ADRA Germany conducted steering committee meeting in Novotel Hotel, Yangon. The meeting was conducted on 16 December 2022.

During this meeting, the previous period's challenges were discussed, as well as the project amendment and the description of actions (DOA), and the work plan for the coming quarters, November 2022 to May 2023, was developed using a context-based approach. Through knowledge sharing sessions, the CASE2Learn Project team's capacity was also increased.





# PROJECT UPDATES



## ReCAP

'Relief for vulnerable population Population (ReCAP)' project in partnership with the Committee of Internally Displaced Karen People, the CIDKP has been organized three consultation meeting in the Kayin State.

During this meeting, partner CIDKP introduced the targeted communities to the project activities, project duration, and implementation plans. 41 Male and 116 Female actively engaged in this meeting.

This project aims to reduce exposure to waterborne disease within target communities, and to ensure IDP and host communities have access to a convenient source of water for nutrition.

## SEAQE2

This month, the Norad and ADRA Norway-funded SEAQE2 project completed the following activities:

- The project conducted round two Teacher Training of 2022 was attended by 49 participants from 9 ACS schools on November 29 - December 1, 2022.
- Three-day Head Teacher training was held in Hpa-An, Kayin State, from 7th to 9th November 2022. In this training, 33 participants joined and targeted to the principal, assistant principal and ADRA Myanmar staff.
- From November 28 to 30, a community event was successfully held at five ACS schools in Hlaingbwe Township. 138 participants (PTA, parents, students, and teachers) joined.





# PROJECT UPDATES



## JPF

This month, ADRA Japan and Japan Platform funded JPF project announced of the beneficiaries list to distribute food and preventive items in Kayin State.

The JPF project team coordinated with the Community Relief committee on November 24 for confirming distribution date and place.



## SHAPE

The MFAT and ADRA New Zealand funded 'Sustainable Health Agriculture Protection and Empowerment' (SHAPE) project held two day home gardening ToT training.

The training topic areas included home garden specific soil preparation technique, selecting good seed and pure quality, use of fertilizer etc,. Twelve of the project Volunteers participated in the training.

- The project conducted web map TOT Training which is intended to increase the knowledge and skill of Volunteers in the area of the use of both Web Map which is used online and Carry Map, an offline Phone Application.

After that, the volunteers will assist farmers under the supervision and technical guidance of Natural Resources Management Officer.





# PROJECT UPDATES



## WC4P

The UNICEF-funded 'Water as Catalyst for Peace among Conflict-Affected Population in Kayah State' (WC4P) project completed the following activities:

- 2 batches of Policy Analysis and Advocacy Skill Trainings were conducted in Hlaingbwe Township and Myawaddy Township.

- 15 Committee members from each Water Management Committee (9) males and (6) female from Hlaingbwe Township and Myawaddy Township received the training.

- Household based hygiene promotion awareness sessions were provided through trained volunteer to the targeted community in Hlaingbwe Township and Myawaddy Township.





## PHOTO OF THE MONTH



## November

### PHOTOGRAPHER:

Thant Zin, Logistic and Driver, VESI Project

Students from the Vocational Education Training under the LIFT funded VESI project.

## VACANCIES & TENDERS

\*To be considered, please submit your full applications as directed in the job advertisement. Applications submitted through Facebook will not be accepted.

## CONTACT US

### The Adventist Development & Relief Agency Myanmar

Apartment 3-2, 4th Floor, Block A, E Condominium,  
Zay North Street (Off U Wisara Road),  
Dagon Township, Yangon MYANMAR 11191

Phone: +95 1 240 900

Email: [admin@adramyanmar.org](mailto:admin@adramyanmar.org)

Website: [adramyanmar.org](http://adramyanmar.org)

ADRA Myanmar has a zero tolerance policy against cases of Fraud & Corruption, Child Abuse and Harrassment. To make a report, please visit: [adramyanmar.org/report/](http://adramyanmar.org/report/)



# INTRODUCING NEW STAFF MEMBERS



**PYAE SONE AUNG**  
Project Manager  
ReCAP Project



**TIN LAY MON**  
Finance/Logistics Admin Assistant  
ReCAP Project

## CALENDAR

### DECEMBER 2022

SUN တနင်္ဂနွေ	MON တနင်္လာ	TUE အင်္ဂါ	WED ဗုဒ္ဓဟူး	THU ကြာသပတေး	FRI သောကြာ	SAT စနေ
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22 Kayin New Year	23 ADRA Holiday	24
25 Christmas	26 ADRA Holiday	27	28	29	30	31

#### UPCOMING EVENTS

Timesheets are due on the 25th of each month

Holidays:  
December 22 -  
Kayin New Year

December 23,26 -  
ADRA Holidays

**'MINGALABA'**  
Next Volume:  
15 January 2023







ADRA