



ADRA

# MINGALABA

JAN - MAR 2024



*Daw Mi Mi's Story*

Cultivating Nutritional Riches in Mutupi



# Mingalaba

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**1984**

**ADRA Myanmar  
Office first  
established**

## **ABOUT US**

ADRA Myanmar is an 'implementing office' within the ADRA network, a registered and recognized INGO in Myanmar. Established in 1984, ADRA Myanmar is one of the oldest country offices in ADRA network providing development and relief assistance opportunities throughout the country. We operate under 4 key sectors that cater to: Livelihoods, Education, Health and Emergency. With the head office located in Yangon, ADRA Myanmar maintains 4 sub-offices within the regions of: Kayin State, Shan State, Magway and Mandalay Region.







# Daw Mi Mi's Story



My name is Daw Mi Mi. I am 45 years old and live in Mutupi Township, Chin State, with my husband and our nine children (five boys and four girls). The eldest one is over 18 years old, and the youngest one is 7 months old.

Our primary livelihood is farming on a plantation. Mostly, we go to the farm to pick flowers in the forest, and it is very tiring. Before the SHAPE project came to our village, I didn't know how to cook healthy meals or grow vegetables in our garden systematically.

In our village, the majority of people are engaged in farming and livestock, with goats, pigs, and cows being the most common. Some villagers also cultivate elephant food yams. In our garden, we grow rice, corn, green beans, Chin sesame, and various other vegetables that contribute to our family income.

Participating in home garden and nutrition trainings organized by ADRA Myanmar has been invaluable. The step-by-step learning process sparked our interest,

and we gained practical knowledge through active participation.

ADRA generously provided essential resources such as seeds, fertilizers, pesticides, water pipes, plastic nets, and other tools for our home garden. Previously, we struggled to afford vegetable seeds, but thanks to the SHAPE project, we can now grow our own vegetables.

This has significantly reduced our kitchen expenses, as we no longer need to purchase vegetables. The income generated from the home garden is primarily directed towards our children's education, making our family financially comfortable and ensuring food security.

The SHAPE project is funded by MFAT and ADRA New Zealand. It is working to increase sustainable agriculture and improve access to nutrition through home gardening in Chin State.

"I express my gratitude to ADRA and the donors for their support in our area," says Daw Mi Mi.



# EMPLOYEE

## Spotlight

20

YEARS  
WITH ADRA

### AUNG BO BO HTAY

#### Food Security & WASH Coordinator

**1 When did you first join ADRA?**

Joined ADRA in 2004 as an administrative/ financial assistant in Northern Shan.

**2 What is your hobby?**

Listening music and engaging in physical sports activity.

**3 What do you love most about your position?**

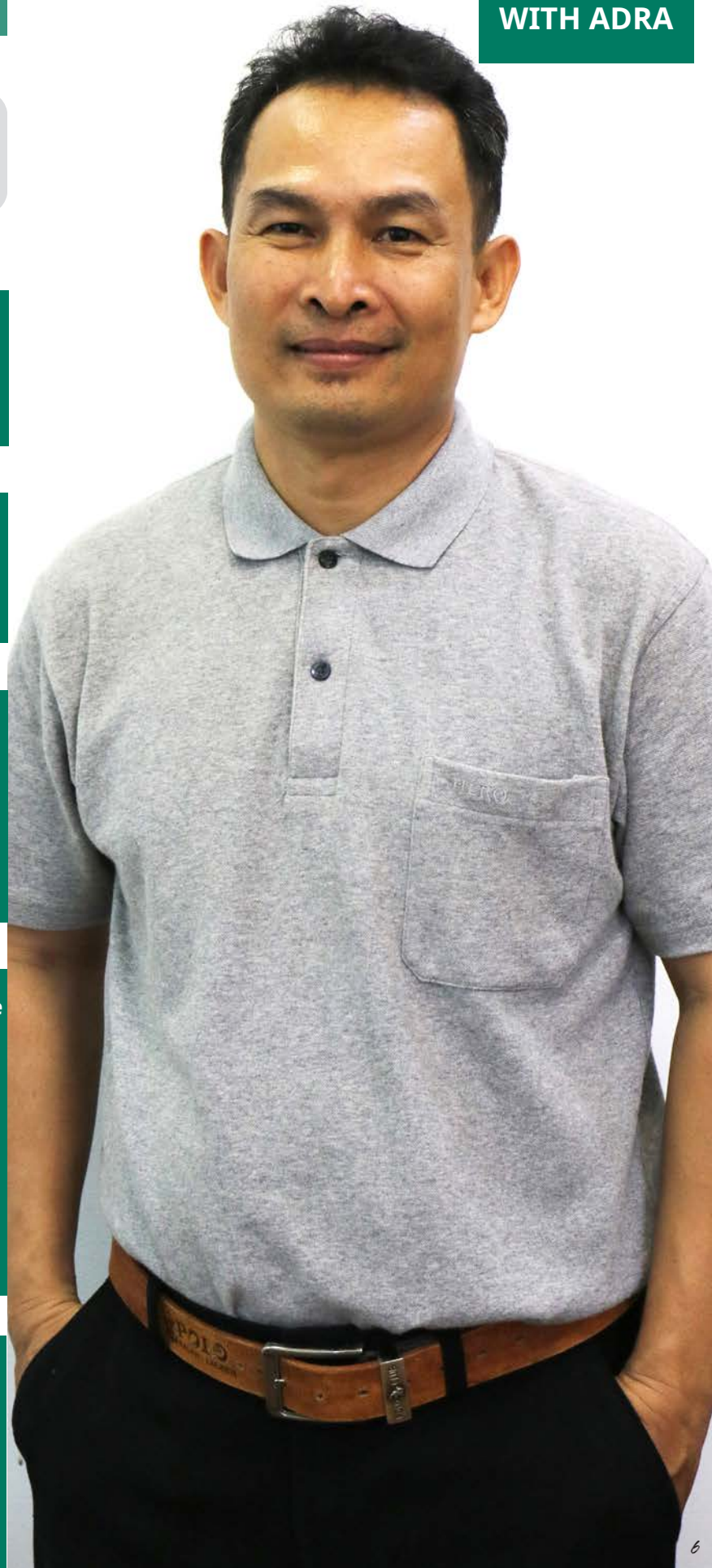
The best part of my job is that it allows me to grow professionally year after year. I have learned new skills and gained knowledges from each project that assigned to me, which has helped me manage project level implementation more smoothly.

**4 Can you tell us about one of your most memorable experiences?**

Working as ADRA staffs, directly or indirectly supporting the successful implementation of projects at the field level, such as water supply projects, is an incredibly rewarding experience for me. These projects allow communities to benefit directly from ADRA Programs by providing safer water, relieving burdens of communities from water shortage especially in dry season.

**5 What does the work of ADRA mean to you?**

Since ADRA is my mother organization and the organization I was raised in, the work of ADRA means a lot to me. Moreover, through its multiple projects' implementations, we can reach out to those in need and the remote areas of Myanmar to demonstrate Christ's love.





## PROJECT HIGHLIGHTS



## SEAQE2

The SEAQE project's endline review meeting was conducted to unfold over two days in Mawlamyaing City, serving as a pivotal moment for reflection and collaboration among partner organizations. As participants gather, the event will provide a comprehensive overview of the project's achievements, challenges, and impact on vocational training practices in the region.

Through interactive sessions and workshops, partners shared their experiences, exchange best practices, and collectively assess the effectiveness of implemented strategies.

During the training, ADRA Myanmar Yangon staff, project staff, and other partner organizations were successfully engaged. Following this, the project presented a trophy as a special gift to the attendees."



## BRIGHT

The BRIGHT project recently conducted a pivotal project review meeting at Ngwe Saung Beach on February 6 to 7. The meeting centered around key objectives, including reviewing project activities, sharing experiences, and learning from each other.

Special attention was given to evaluating the project closure plan and documenting good practices within thematic areas like TEES and ALPs, Vocational programs, and Gender-responsive initiatives.

The active engagement of participants ensured a productive session, fostering a robust foundation for future endeavors under the BRIGHT project.





# PROJECT HIGHLIGHTS



## ReCAP

The ReCAP project successfully executed the following activities:

The cash distribution activities for the Multipurpose Cash Assistant (MPCA) commenced in February in the Magway Region. Four out of six targeted villages received the distribution, with each household receiving 300,000 MMK based on the Survival Minimum Expenditure Basket (SMEB).

The WASH Officer conducted two sessions of Hygiene Promotion Training (ToT) in January (25th to 26th, 2024) and February (5th to 6th, 2024). The training sessions were carried out virtually through Zoom meetings.



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## SHAPE

The SHAPE project completed several activities, including a Farmer Field Day that engaged 168 individuals, emphasizing collaboration and skill enhancement for participants.

Additionally, a Nutrition Training program attracted 179 individuals from 12 villages, promoting a holistic approach to nutrition with a gender-inclusive focus.

The Watershed Conservation meeting involved 295 participants, showcasing a commendable gender balance (156 females and 139 males) and fostering a community-wide commitment to sustainable environmental practices. These initiatives collectively contributed to knowledge exchange, community building, and empowerment among the participants.





# PROJECT HIGHLIGHTS



## REACH

The REACH project completed the following activities:

Two days of mental health and psychosocial support (MHPSS) training were conducted to alleviate the emotional distress of local residents in the project's targeted area.

A total of 71 participants attended these two training sessions, engaging in group discussions and presentations.

The project delivered a four-day training on Gender-Based Violence prevention, involving 36 participants from the targeted village.

Health education sessions were carried out in the project's implementation-focused townships, with a total of 260 participants actively involved in these sessions.





## FAREWELL Spotlight



## Farewell to Finance Director and Family

ADRA Myanmar said goodbye to our Finance Director, Yuba Raj Chaudhary, and his wife by hosting a farewell lunch in Yangon.

Yuba dedicated 5 years to serving as the Finance Director at ADRA Myanmar. The family has now returned to their home country.

Under Yuba's leadership, ADRA Myanmar's finance department underwent significant positive changes, including the expansion of our financing. We extend our heartfelt wishes for God's richest blessings to Yuba and his family.







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